

Can it cause low sugars?

Liraglutide usually does not cause low sugars, unless it is used with another medicine that causes low sugars. Most of the time, medicines such as glipizide or aspart insulin are stopped when liraglutide is started.

What side effects should I report?

- Nausea that you can not tolerate
- Severe abdominal pain
- Itching or rashes at the injection site
- Vomiting that could lead to dehydration

What if my pen doesn't seem to work?

- Attach a new needle and try again
- If the pen still, does not work, please bring the pen to pharmacy. You will need to show your pen in order to get a replacement.

What if I have more questions?

Please call:

- the pharmacy at 505-782-7518
- the pharmacist diabetes clinic at 505-782-7355



Liraglutide (Victoza®)

A treatment for Type 2 Diabetes



How does it work?

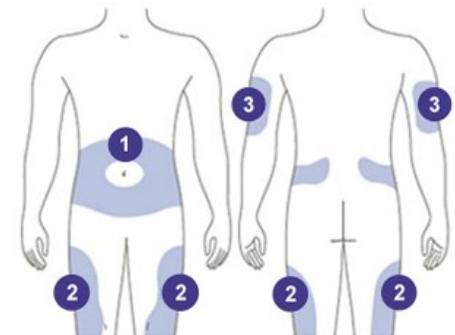
- Signals your pancreas to make insulin after you eat. It mainly lowers **after** meal sugars.
- Slows down the emptying of your stomach.
- Prevents your liver from leaking extra sugar.
- Tells your brain that you are full.

How is it taken?

Liraglutide is an under the skin injection. It is injected one time every day. It can be given any time of day, but should be given about the same time each day. The shot can be given in the:

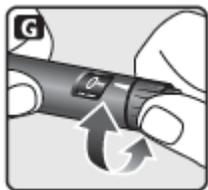
1. belly
2. outer thigh
3. back of the arm

Do **not** rub the area after an injection.



Why I am supposed to do “5 clicks” for the first week?

Nausea is the most common side effect of liraglutide. Starting off with a low dose of “5 clicks” (or 0.3mg), helps reduce the chance of nausea.



Count the clicks **slowly**. If you mess, up, just go back to “0” and start again.

What is my starting dose?

Week 1—Inject “5 clicks” 0.3mg daily

Week 2—Inject 0.6mg daily (as shown on pen)

Week 3—Inject 1.2mg daily (as shown on pen)

What should I expect while I am on a starting dose of liraglutide?

When you are taking either 0.3mg or 0.6mg daily, you might not see any changes in your blood sugars.

Please remember, these are just starting doses to make sure that you have a good experience with this new medicine. Most people will require a full treatment dose of 1.2mg daily (and some may even be increased to 1.8mg daily).

How is it stored?

You will receive 2 pens of liraglutide. The first pen can be kept at room temperature (between 59°F and 86°F). The first pen should last you about 2-3 weeks. The second unused pen should be kept in the refrigerator until use. Once you have started using a pen, it is good for up to 30 days.

What about pen needles?

- Pen needles are a prescription item you get from pharmacy.
- A new pen needle should be attached for each dose.
- Needles must be disposed of in a hard plastic container. (#2 recyclable container such as a laundry detergent container).
- Unlike insulin pens, you **do not** need to “prime” the pen with every use. Only on the **first** time a **new** pen is being used.

