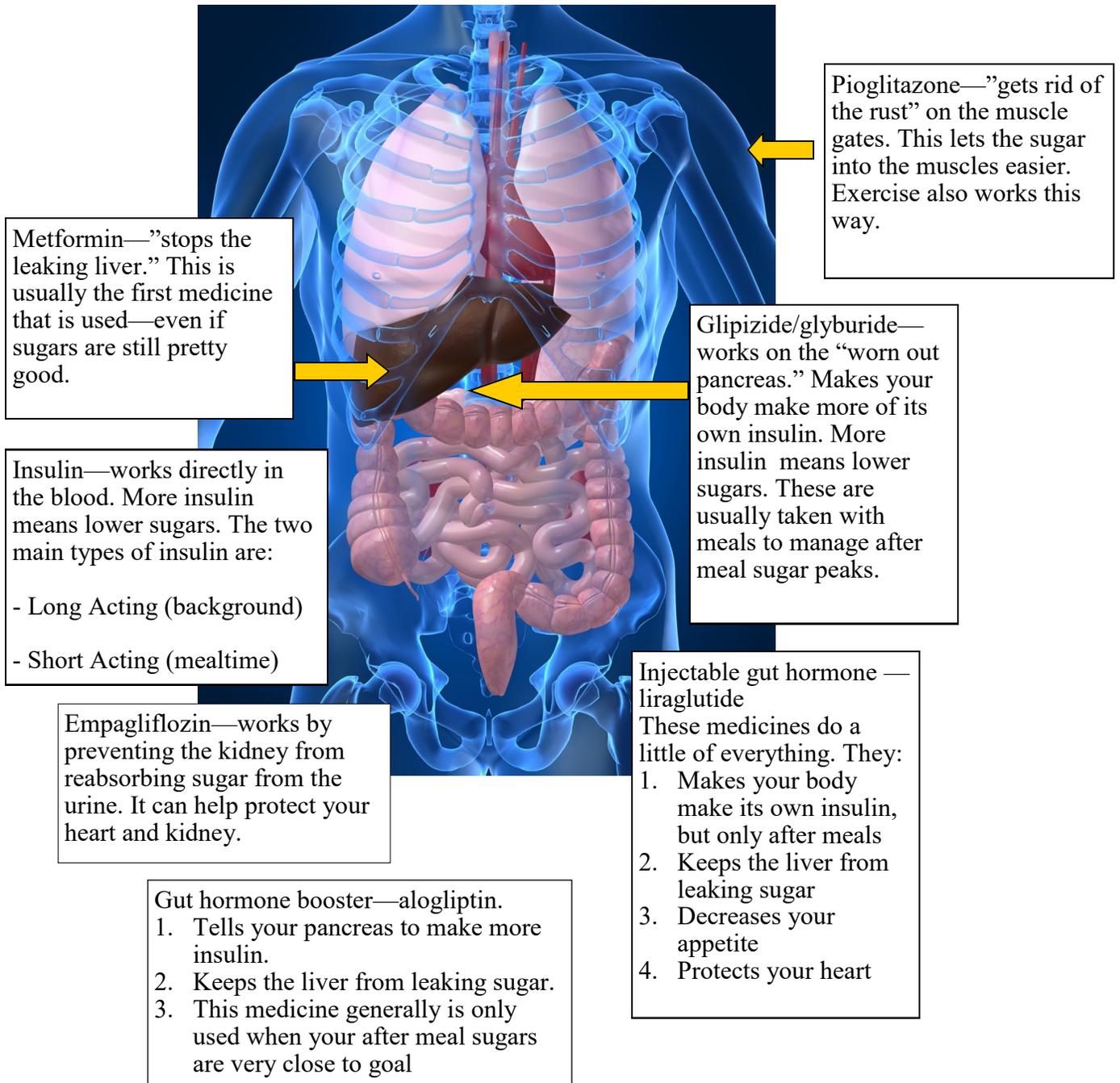
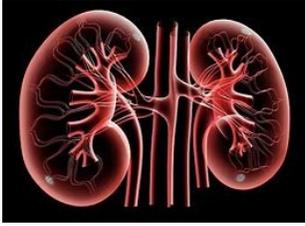


Diabetes Medicines



Most people need different medicines to help manage diabetes. Getting your numbers to goal is the best way of keeping your body healthy. It doesn't matter what medicine it takes to get there—as long as you get to goal!

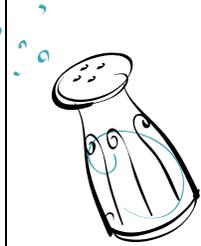


Lisinopril or Losartan

These work specifically on kidney blood pressure. They can help protect the kidney.

Hydrochlorothiazide or Chlorthalidone

This works to help your body get rid of extra salt. It is sometimes called a water pill. This does not mean you can eat extra salt though! A low dose of this works really well with other blood pressure medicines.



Atenolol, Metoprolol, or Carvedilol

These work on the heart to make it beat slower and more regular. They can help prevent second heart attacks in people who have already had a heart attack.

Verapamil/Diltiazem

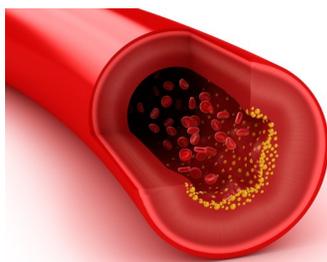
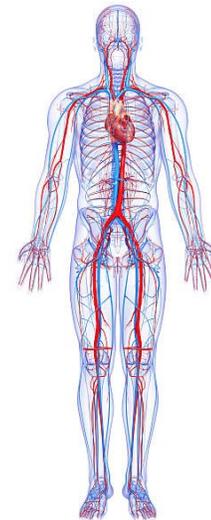
This lowers blood pressure by working directly on the blood vessels. Verapamil can also slow your heart rate.

Amlodipine

This works to lower blood pressure by working directly on the blood vessels.

Aspirin

Recommended with people that have a history of heart problems. It can prevent blood clots from forming.



Simvastatin, Atorvastatin, Rosuvastatin or Pravastatin

These help protect against heart attacks and strokes because they prevent inflammation inside the blood vessels. They also decrease the amount of fats in the blood. Most people with diabetes aged 40 to 75 years should consider being on a "statin."